

SHEPHERD'S CENTER – SUMMER CLASSES 2016

Mondays – July 18, 2016 – September 12, 2016

Orange Park United Methodist Church Family Life Center at Reed St & Stowe Ave

ROOM	9:00 A.M.	10:00 A.M.	11:00 A.M.	1:15 P.M.
BALCONY		<u>SCRABBLE</u> Martha Huff	<u>SCRABBLE</u> Martha Huff	<u>Board Room</u> Mah Jongg, Dominos, etc.
422	<u>Elder Law</u> Mike Jorgensen	<u>Memoirs</u> Ruby Sisk Vernon Harper	<u>Current Events</u> Susan Howard, Patsy Agee and Arden Brey	<u>Yoga for Seniors</u> Ginney Ross
423	<u>New Dietary Guide & What It Means to You</u> Esther Lee	<u>Win the Weight War</u> By Senior Bistro/Apex Chris & Jane Merritt	<u>Aging in Place by Design</u> Carol Weisenburger	<u>Computer Concepts</u> Craig Landon
424	<u>Understanding Medicare</u> Anna Skentzos/Humana	<u>I-Phone</u> Landry Arnold, The Allegro	<u>Making of a Murder Mystery</u> Robert Gold	<u>Bridge Playing</u> Jennie White
425	<u>Clay History Tours</u> Various Speakers	<u>Boxes & Bows</u> Pat Fiedler	<u>Creative Writing</u> Dr. Douglas Greenberg	<u>Greeting Cards</u> Class Limit 15/Fee \$20 Ann Seiber
426	<u>Crochet</u> Katie Tibbits	<u>Jewelry Making Open Studio</u> Judy Richendollar & Alice Gundlach	<u>Jewelry Making Open Studio</u> Judy Richendollar & Alice Gundlach	<u>Water Colors Acrylic,</u> (2 hrs) Susan Mills
GYM	<u>Tai' Chi Gung</u>	<u>Movement/Exercise</u> Susan Stobe	<u>Line Dancing</u> Hal Hill/LouAnn Simpson <u>Needlework</u> Susan Stobe	<u>Beyond Just Dance</u> Mucki

O.P. Presbyterian Church – Bridge – Tuesday – 1:30 – 3:30 P.M. - Reservations required. Call Shirley Reynolds & Scotty Hood at 269-5665 or 269-7226

Explore the Internet – Wednesday – 10:15 – 11:15 a.m. at Orange Park Library. George Tower

Shepherd's Center of Orange Park Phone 904-269-5315/E-mail scoop2105@att.net

(office location) 2105 Park Avenue, Suite 1, Orange Park, Florida 32073

Class Fees – Monday, Tuesday, Wednesday - \$40; Thursday - \$30, All Days - \$60 (\$10 discount)

One-Time New Member Fee: \$25